THE RELATIONSHIP BETWEEN ICT USE (INCLUDING AFTER-WORK HOUR EMAILS) AND EMPLOYEES` WORK-LIFE BALANCE, STRESS, AND OCCUPATIONAL HEALTH: AN EXPLORATORY STUDY IN THE HIGHER EDUCATION SECTOR IN QATAR

18 March 2020
Outline

1. Goals and objectives
2. Achievements and outcomes
3. Post Projects Plans
An empirical study was conducted to test the hypothesized model:

- ICT Use
- ICT Demand
  - Job Satisfaction
  - WLB
  - Intention to leave
  - Personal Burnout
Achievements and Outcomes

- The study is completed
- Empirical data was gathered from staff working in QU through a survey.
- The data was analyzed through SPSS and PLS software.
- A paper was written about the study outcomes and was presented in an international conference by students.
- Students work was recognized by receive junior research award in the conference.
- Students received training about research methods through out the project period.
Post Project Plan

- An extension of the current study will be made by collecting more data from all institutions in the higher education sector in Qatar.
- The outcome of the extended study will be considered for publication in an internationally recognized journal.
- The study findings and the implications of the study will be communicated to managers in the higher education institutions to be considered and proper actions to be taken.